Dunn Police Athletic & Activities League



2019-2020 Basketball Program Manual

Effective: November 6, 2019

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*This document is hereby effective this 6th Day of November, 2019.

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1. Introduction

This document is a tool to be used for providing information and expectations, as well as procedures that specifically impact the basketball program of the *Dunn Police Athletic & Activities League*, *Inc.* (DPAL). This procedural information is in addition to any other policies and procedures that bind all volunteers, PAL Members (youth), and parents/guardians of said members, within the the Dunn Police Athletic & Activities League. Please read through this document in order to familiarize yourself with the policies and procedures. We ask that you sign the final page of this document in order to accept these terms. If you have any questions or concerns regarding this document, please contact the Program Manager. This document is not a stand-alone: it is a procedural guideline for the Dunn Police Athletic & Activities League Basketball Program and all parties associated (players, parents, coaches, volunteers).

1.1. Mission Statement

"Filling Playgrounds, Not Prisons"

The basic mission of PAL is to offer youth of Dunn and the surrounding areas a viable alternative to the temptations of street life, which can lead to a life of crime, alcoholism, drugs, vandalism, delinquency and gangs. PAL keeps young men and women active, interested, and busy through its supervised/multifaceted programs geared to develop leadership traits and build good citizens for tomorrow. PAL is dedicated to instilling in youth a value system that recognizes the need to respect and protect human rights and to uphold and obey the laws of our city, state and nation.

1.2. Welcome

The Dunn PAL would like to welcome you to our boys and girls basketball program. This program was founded, and continues, as we see the need to organize and provide an avenue for our youth to learn and grow with the game of basketball.

We envision a program with more players and more teams at every grade level; more structured and organized participation; coaches with a better skill set and more training; promotion for the entire Dunn PAL basketball program. The Dunn PAL basketball program will encourage coaches to take time during practice to teach and lecture on such things as: Positive Attitudes, Personal Commitment, Teamwork, Determination, Respect, Honesty, Academics, Citizenship and much more.

The Dunn PAL Basketball Program is unique in its stance as a youth sports program, as we are dedicated to the success of our participants, on and off of the court, presently and for the future. Not only do we provide the opportunity to become great basketball players, but also offer after school program complete with tutoring, mentoring, and college/career readiness options to help aid participants in their growth as people!

The Dunn PAL Basketball Program hopes all of the players will walk away from our program, not only as better basketball players, but also better citizens within our community. We thank you for your participation, support, and dedication to our program!

2. Players & Parents

2.1. Expectations & Responsibilities

It is a true statement to say, "That you will play in game situations in the same manner and with the same intensity as you play in practice". Therefore the coaches will expect each player to show up for practices as if they were going to be playing in a league or tournament game.

Players will wear the proper athletic gear, NO jewelry (rings, watches, earrings, necklaces, armbands, etc.) will be permitted, fingernails trimmed (they will be periodically checked by coaches). If players have ankle, knee or other troubled

areas, they need to make sure that they purchase the appropriate athletic support equipment so that they are not injured or re-injured during practice sessions.

Attendance will be taken and recorded for each practice, game, fundraising event, and team activity. Missed practices and events could directly affect playing time. Repetitive tardiness will not be tolerated unless prearranged. If a player is to miss practice for whatever reason, please make every attempt to notify the coach so that necessary adjustments can be made to their practice schedule.

2.1.1. Respect, Behavior, & Attitude

There will be a no tolerance policy for the following items:

- Unsportsmanlike conduct by players or parents.
- Players will not show disrespect to officials, opponents, peers, parents or the coaching staff.
- There will be no use of profanity at practice or during games.
- Vandalism at practice or during league and tournament games.
- Defiance towards coaches.
- Practices are not a social event. Extra talking and conversation during drills and while the coach is talking will not be tolerated.
- Discipline problems at school. If a player is being disciplined at school (i.e.:
 three-day suspension, etc.) they will be suspended from practice in
 accordance with the length of the school's disciplinary action, and will not be
 allowed to play in any weekend tournament games within one week of the
 disciplinary action.
- Use of drugs (illegal or unprescribed), alcohol, tobacco, e-cigs, vapes, and juuls are strictly prohibited, both on and off of the court.

Penalties will be applied for players not following these guidelines or the Code of Conduct. Penalties could consist of: running at practices, reduced playing time, not

starting or not playing in the next game, loss of gym time for the entire team, or being removed from the Dunn PAL Basketball Program.

2.1.2. Points Of Emphasis

- Sportsmanship by all players, coaches, and parents and family members.
- Fundamental development, both in basketball and good citizenship.
- Players are expected to be on time or early for practices and games.
- Player's work ethic, on and off the floor.
- Player self-discipline.
- Uniforms will be kept clean and presentable for all games. Club uniforms are
 not to be worn, except at tournament or league games. All Coaches are
 responsible for the distribution and collection of uniforms pre and post
 tournament.
- Players will be well mannered and presentable at all games and tournaments.

Remember, being a part of any program is a privilege and not a right!

2.1.3. Parent Expectations

The coaching staff appreciates all the help we can get, but we must insist that the coach's decisions are respected and followed by everyone. Please review items on the concepts of an "Ideal Parent":

- Support your child and attend as many games as possible.
- Avoid putting pressure on your child to start, score, or be the star of the team.
- Support the coach in public around other parents and fans.
- Avoid speaking negatively about the coach in front of your child as well as
 the other parents and players. It may create a major barrier in the child's hope
 for improvement in the sport.

- Understand the purpose of athletics. It exists as an integral part of developing character and an educational mission. Participation in athletics is a privilege not a right.
- Serve as a good role model for the students-athletes and other fans. This will help show your character and emphasize how important character is.
- Appreciate the educational opportunity that your child is receiving in the program. This includes the enormous amount of time provided by the coaches and volunteers to make the program work.
- Serve as a beacon of good sportsmanship.
- Show respect to everyone involved in the game Coaches, athletes, fans, and officials.
- Talk to the coach if you have a concern with the program. Not your child!
- Avoid disparaging comments about any player on the team. If you don't
 have something good to say, keep it to yourself.
- Express concerns and questions in a courteous, civil manner at the right/proper time.
- Understand that the goals of the team and Dunn PAL basketball program are built around the team concept, not your child.
- Avoid constant and chronic complaining.
- Avoid use of tobacco products, e-cigs, vapes, alcohol, and illegal/unprescribed drugs when in the presence of any child within the organization or at events at which you are a representative of the Dunn PAL Basketball Program. Doing so could create an unfavorable view of the program.
- Must adhere to the Code of Conduct

2.2. Academic Requirements

The Dunn PAL Basketball Program will require each player to maintain a minimum "C" average in each class per Dunn PAL guidelines. Dunn PAL places great

emphasis on maintaining grades while participating in our basketball program. (The grade point average of the team can be used successfully during fundraising events!) The player's required GPA will be determined by the coach of each team and may be higher than the required "C" average.

Players are required to provide their coaches with a copy of their most recent report card each reporting period. All academic information for each player will be kept confidential within a secured room in the Dunn PAL Office.

The following is the guideline on how grades may be used for player participation. We feel guidelines are necessary so that it will be clear to all players and their parents what the penalties will be for falling below the required GPA.

2.2.1. Academic Eligibility

- School Progress Reports and grade reporting on official school report cards will be used. Each reporting period a player must successfully achieve a "C" or higher in each qualifying/reporting class.
- Each player that is in violation of the minimal academic standards will be considered on Academic Probation and must follow a prescribed set of guidelines intended to allow the player to become academically compliant. Failure for the player to become academically compliant could result in the player being placed on Academic Suspension until such time the player is eligible. The following are their descriptions and guidelines.

2.2.2. Academic Probation of Players

- 1 Class Below a "C" Average
 - o Player will not start any league or tournament games
 - o Player will not play in the 1st quarter of any game

- May attend After-school Tutoring to help raise their grade by a minimal of 1 point in the affected classes within 3 weeks via school progress report.
- 2 or More Classes Below "C" Average
 - Player will not be allowed to participate in league or tournament play.
 - Player must continue to attend all practices and fundraising events.
 - o The player's position on the team will not be compromised unless multiple players fall below the required GPA. If the situation arises that we must add players to the roster, the coaches may decide to do so. In this situation, the suspended players will be required to earn back their position on the team.
 - Practice and fundraising event attendance will be recorded as usual. Due to the financial and time considerations, we will not require that the players attend tournaments that they are not allowed to participate.
 - If the player misses multiple practices and fundraising events during the suspension period, the player could be asked to step down from the team.
 - Will be required to attend After-school Tutoring/homework help and improve affected classes to the qualifying "C" average via first available school progress report from that teacher or school report card whichever is first.
- Class(es) Below "C" Average for 2+ Consecutive Grading Periods*
 - Player will be placed on Academic Suspension**
 - Player will not be allowed to practice or compete in any tournaments until the player becomes academically eligible.

- *A Grading Period is defined as the interval between progress reports up to and including report cards.
- **All cases in which academic suspension is a possible outcome are subject to the approval of the Dunn PAL Governing Council

2.3. Practice Commitment

Regardless of a player's skill level and game impact, practice attendance will be directly linked to playing time. Players MUST attend all practices, unless excused by the head coach 2-3 hours in advance OR in the case of an emergency.

Practice sessions will be held approximately twice per week, based on gym availability. Each practice session will be approximately 1 1/2 hours long, depending on coach availability. Practice starts at the time designated by the coach. The players should be ready to play at that time, not 5 minutes late. Arrive to practice 5-10 minutes early to put on shoes and equipment.

2.4. Fundraising

Multiple fundraisers with be held throughout the year to assist in raising money for the program, each team, and individual players. Though not required, it is highly encouraged that all players participate in team designated fundraisers. However, if a player's participation fees are paid by the Dunn PAL (whole or partial), the player and their parent/guardian is required to participate in fundraising activities until they have completed the appropriate amount of hours.

3. Coaches

3.1. Expectations & Responsibilities

High expectations are held for all Dunn PAL Coaches and Assistant Coaches both on and off of the court. Though it is understood that our coaches are human and prone to making mistakes, all Dunn PAL coaches will be held to the highest standard. As acting liaisons of the Dunn PAL to the surrounding community, ALL Dunn PAL coaches and assistant coaches are expected to act within all of the rules and guidelines put in place by the Dunn Police Athletic/Activities League AT ALL TIMES (both on and off of the court).

All coaches are required to meet the following criteria:

- Must successfully complete certification test and training to coach youth basketball through our certifying partner, National Alliance for Youth Sports (NAYS)
- Have knowledge of basketball rules and fundamentals
- Have knowledge of all organizations hosting the tournaments in which
 the teams participate and the rules and regulations of each regarding:
 the team's roster eligibility, player eligibility, pre and post game rules,
 and any other information relevant to participating clubs.
- Have good communication skills
- Able to teach and appropriately motivate players to develop specific basketball and relationship skills
- Measure their own success based on their ability to improve all of their athletes as basketball players and as human beings
- Must adhere the Code of Conduct

3.2. Evaluation

Evaluations for ALL coaches will be performed at the beginning and end of each season. The evaluations will be based on information gathered through the players and parents, overall character of the coach, tournament performance, and seasonal performance.

4. Tryouts & Seasons

4.1. Team Selection

The teams will maintain a roster of eight to ten participating players. On rare occasion, with the coaches approval, a larger roster may be necessary to allow all players the opportunity to be placed on a team. Therefore, there will be cuts for all age groups depending upon participant numbers. More than ten creates problems getting all players playing time during league and tournament games. Less than eight creates problems for scrimmaging at practice.

4.2. Play Time

Playing time may not be equal and will be determined by the coach. Playing time will be based on many factors, such as: attendance, attitude (positive or negative), participation during practice, performance and skill level. This is something you should address with your coach BEFORE the season begins, so you have a clear understanding of his/her philosophy. WE ARE NOT A RECREATIONAL PROGRAM. AAU can be a competitive sport and as such, as a program — we do NOT guarantee playing time or how coaches determine who has earned playing time or starting positions.

4.3. Joining the Team After Tryouts

For players new to the area, or players that are unable to participate in team tryouts (for reasons other than academic ineligibility and/or conduct issues), the Dunn PAL Basketball Program reserves the right to allow for individual tryouts and late roster entries.

4.4. Players Playing Up

Players who wish to play with a higher age level are subject to the discretion of the coach of the age level that they would like to play for, as well as the Dunn PAL Basketball Program as a whole. Allowance will be based on skill level and risk of injury to the player. The player may not be able to play for multiple teams in different age levels (unless agreed upon by parents and coaches of each team). Also, be aware that rules regarding player eligibility may vary between organizations and the tournaments they host. Players playing up and/or for multiple teams, will be subject to the rules and regulations of the host organization.

5. Fees and Deposits

The Dunn PAL Basketball Program strives to provide the opportunity to play travel basketball to all youth, regardless of race, religion, ethnicity, social background, or financial status. In order to do so, the Dunn PAL Basketball Program will cover the main fees of all players within the program. Main fees include registration, tournament fees, and uniforms.

However, all parents and players, whose fees are to be paid for by Dunn PAL, will be required to participate in fundraising activities and help host home tournaments in order to support the program financially. For players

who do not wish to participate in fundraising activities for the Dunn PAL Basketball Program, a payment of \$300 will be required prior to beginning team activities.

6. Team Liaisons

6.1. Team Parents

For Each team, 1-2 team parents will be selected. Team parents will act as liaisons between the coaching staff and the remainder of the team, passing news and updates from the coaching staff to the parents and players. Team parents are also responsible for coordinating with the team on pre and post game snacks and meals, team activities, meeting locations, etc.

6.2. Fundraising Representative

A fundraising representative will be selected for each team, and will be responsible for gathering all relevant fundraising information from each player on the team they represent.

7. Health & Safety

7.1. Background Checks

Dunn Police Athletic & Activities League, Inc. has developed and implemented the following Policies and Procedures in an effort to provide a safe environment for our youth members, athletes, and coaches. The Board of Directors shall annually review this policy and update it as needed, including the defining of prohibited and discouraged behaviors.

1. The Coach/Volunteer Recruitment process shall include the following:

a. <u>Volunteer Application</u> – Every coach and volunteer working with youth is required to complete a written application that will set forth appropriate background information, require disclosure of any prior

- claims or allegations of sexual abuse or other inappropriate conduct, and provide the names of at least two individuals as references to the good character of the coach or volunteer. A designated representative will contact these references before coaching or volunteering begins. This application must be completed each year, even if the coach/volunteer is returning from the previous year/season.
- b. VOMO Every volunteer within the Dunn PAL will also need to register/sign in through our volunteering database. VOMO allows the Dunn PAL to track all volunteer hours, post new volunteering opportunities, and keep volunteers informed of all that they have done within the organization via live statistics and an incentive program, based on hours volunteered.

https://app.vomo.org/org/dunn-police-athletic-activities-league

- c. <u>Screening</u> A designated representative(s) of the organization will interview each prospective coach/volunteer. This screening process will include specific questions regarding the existence of any prior claims of inappropriate behavior with respect to youth or youth members.
- d. <u>Background Check</u> All potential coaches/volunteers will be subject to a background check with a contracted vendor qualified to conduct such checks, and the background check will include appropriate inquiries regarding any previous record of sexual abuse or other unlawful activity by the potential coach/volunteer. For current coaches/volunteers, this background check will be updated at least every five (5) years.

7.2. Tobacco/E-Cig/Vape, Drug, and Alcohol Use

7.2.1. Tobacco, E-Cigs, Vapes, etc.

Use of any tobacco, e-cigs, vapes, juuls, or any other product similarly affiliated (nicotine based, THC based, CBD based, etc.) is expressly prohibited while acting as a representative of the Dunn PAL Basketball Program. This includes representation at tournaments, fundraisers, practices, team activities, meetings, etc.

- **7.2.2.** It is hereby declared the policy of the Dunn Police Athletic & Activities League that PAL Members shall:
- 1. Not unlawfully use, possess, manufacture, distribute, dispense or sell controlled substances as defined in the North Carolina General Statutes.
- 2. Not possess or use, or have an odor of alcohol on their breath or person while enrolled in the Dunn Police Athletic & Activities League. By North Carolina State Law, a person MUST be 21 years of age to possess, consume and/or purchase any alcohol (intoxicating beverage).
- 3. Submit immediately to reasonable requests for testing when requested by a responsible Supervisor, Coach, Parent and/or PAL Staff Member or other authorized Dunn Police Athletic & Activities League representative. Refusal shall be cause for disciplinary action up to and including dismissal from PAL for at least 12 months or longer.
- 4. Notify their Supervisor, Coach, Volunteer, Parent and/or PAL Staff Member before beginning any PAL activity when taking any medications or drugs, prescription or non-prescription, which may interfere with the safe and effective performance of such activity.

- 5. Provide to the PAL Director within 24 hours of request, a current valid prescription for any drug or medication identified when a drug screen/analysis is positive. The Prescription must be in the PAL Members name.
- 6. Notify the PAL Director and parent/guardian within four days of being charged with or convicted of a drug or alcohol related offense. The failure to so notify whether or not a subsequent conviction occurs and any conviction that may occur shall be grounds for disciplinary action, including dismissal for a period of no less than six (6) months or longer.

7.3. Sexual Harassment & Abuse

As a youth-serving organization, Dunn Police Athletic & Activities League, Inc. considers the safety and wellbeing of the youth in our programs a top priority, and we strive to put safety first with our programming and policies. Our organization prohibits bullying, abuse, or other violence and we strive to proactively address reports of this type of conduct, even if it means that someone will be embarrassed or upset. We want to hear about problems or concerns, and we will strive to act on them in a fair, balanced way in accordance with our policies.

Reporting of Suspected Child Sexual Abuse

a. The Board of Directors shall appoint at least one member of the organization who shall be responsible for receiving reports of sexual abuse or other inappropriate conduct and for taking appropriate action upon receiving such a report.

- b. All staff, volunteers, parents, and program participants are directed to report any incident of abuse or suspected abuse that they witness or that is reported to them to the designated representative or any other member of the Board of Directors. Volunteers, parents and program participants also may directly notify the proper law enforcement agencies.
- c. The notified member of the Board of Directors will promptly notify the proper law enforcement agencies that an incidence of possible abuse has been reported, without delay.
- d. In the event that a suspected incidence of abuse is reported, the coach/volunteer in question may be temporarily suspended from duties while an investigation takes place.
- e. The Board of Directors, when appropriate, shall communicate reports of child sexual abuse to the league members. The confidentiality of any who makes such a report will be protected.

7.4. Injury/Medical Condition/Concussion

7.4.1. Injury

All injuries will undergo an initial assessment. A first aid kit and AED will be present in all Dunn PAL facilities and at all tournaments at which the Dunn PAL Basketball Program participates.

In the event that the injury is significant and the player is unable to continue:

- Contact the appropriate healthcare professional to assist the player (if necessary).
- Contact the parent(s) or guardian(s) of the player and inform them of the situation. The handling of the injury will be left to their discretion.

- Complete an injury report
- The player will not be allowed to resume team play until they provide a note from the appropriate medical professional stating that they have been cleared to return to play.

7.4.2. Concussion

A concussion is defined as a type of traumatic brain injury, caused by a bump, blow, or jolt to the head. They can also occur from a blow to the body that causes the head and brain to move rapidly back and forth - literally causing the brain to bounce around and twist within the skull. This sudden movement of the brain causes stretching and tearing of brain cells, damaging the cells and creating chemical changes.

Signs of a concussion are:

- Appears dazed or stunned
- Confusion about assignment or position
- Forgets instructions
- Unsure of game, score, or opponent
- Moves clumsily
- Answer questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

Symptoms of a concussion are:

- Headache or "pressure" in the head
- Nausea or vomiting
- Issues with balance or dizziness

- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or "feeling down"

If a concussion is suspected:

- Remove the athlete from play
- Ensure that the athlete is evaluated by an appropriate health care professional
 - o Be sure to provide the following information
 - Cause of the injury
 - Any loss of consciousness
 - Any memory loss immediately following the injury
 - Any seizures immediately following the injury
 - Number of previous concussions
- Inform the athlete's parents or guardians
- Keep the athlete out of play until the appropriate
 healthcare professional says that the player is
 symptom-free and that it is OK for the player to return to
 play.

If a concussion is diagnosed, the player is required to bring a doctor's note stating that the player is cleared to return to play before the player will be allowed to return to team activities.

7.4.3. Medical Condition

Players (or the parent(s)/guardian(s)) are required to report any medical conditions and provide a note from the appropriate medical professional stating that they are cleared for participation.

7.5. Weapons

No weapons, of any kind, are allowed to be used or in the possession of any staff member, coach, player, or volunteer while acting as a representative of the Dunn PAL Basketball Program.

8. Cheating & Unsportsmanlike Conduct

8.1. Cheating

Cheating of ANY kind will not be tolerated, and will result in immediate dismissal from the Dunn PAL Basketball Program. This includes, but is not limited to: rostering illegal players, bribery, purposely injuring members of opposing teams, tampering with equipment, etc.

- Rostering illegal players is defined as, but not limited to:
 - o Having players play down from an older division
 - Having players not on the roster assume the identity of a rostered player
 - Any instance where a player who is not affiliated with the Dunn PAL Basketball Program plays under the banner of the Dunn PAL Basketball Program
- Bribery is defined as, but not limited to:
 - Any instance where a player, coach, official, or anyone involved with the play and outcome of the contest is given a payment (of any sort) to alter the outcome of a game, giving the winning edge to one team over the other.

8.2. Multiple Unsportsmanlike Conduct Violations

If there is an instance of repeated violations for unsportsmanlike conduct for players, parents, or coaches, a meeting will be held by the Dunn PAL Basketball Program governing council to discuss further action. This will be reviewed on a case by case basis, and may result in penalties ranging from suspension to a permanent ban from the Dunn PAL Basketball Program

9. Grievances & Complaints

9.1. **24 Hour Rule**

All grievances need to wait at least 24 hours before reaching out to coaches to set up a phone call or meeting. Taking time to let initial feelings subside allows for logical, controlled discussion.

10. Code of Conduct

10.1. Players

Dunn Police Athletic and Activities League Inc. Code of Conduct for Players of Dunn PAL Basketball

Ι,	the undersigned, acknowledge that I have read
and full	y understand the duties and responsibilities set forth in this Code of Conduct, and agree to abide by
the Cod	le of Conduct at all times during Dunn PAL events and activities. I will conduct myself "As a
Leader'	" in an appropriate and orderly manner at all times.
1.	I WILL show respect to all coaches, officials, parents, teammates, and opposing players at all
	times, and will never act in a manner that is disrespectful to them or my team.
	I WILL demonstrate good sportsmanship regardless of the score or situation by acting in a
	positive manner towards coaches, officials, and other players.
3.	I WILL display good sportsmanship and a commitment to my team at all times
4.	I promise to be as enthusiastic about the success and accomplishments of my teammates as I am of my own
5.	I WILL abide by the "24 Hour Rule", meaning I will not speak to my coach about playing time or game strategy within 24 hours after a game ends.
6.	I WILL display good conduct both on and off of the court, as I understand that I am a
	representative of not only myself, but also my family, my team, and the Dunn PAL Basketball Program.
7.	I WILL not use, allow, possess or be in the company of any illegal drugs and/or alcohol. I will not
	use and/or possess and cigarettes, electronic cigarettes and /or Juuls of any kind.
8.	I WILL strictly follow the Dunn PAL participation criteria and Drug Policy on the PAL
	Application as well as all policies in the Dunn PAL Basketball Manual.
violatin	stand and agree to the provisions of the Dunn PAL Code of Conduct and further understand that g any part of this document will result in the dismissal of Dunn PAL Basketball Program and it's and activities.
 Signatu	ure Date

10.2. Parents

Signature

Dunn Police Athletic and Activities League Inc. Code of Conduct for Parents of Dunn PAL Basketball

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I,	the undersigned, acknowledge that I have read and fully
	tand the duties and responsibilities set forth in this Code of Conduct, and agree to abide by the Code of
	ct at all times during Dunn PAL events and activities. I will conduct myself "As a Leader" in an appropriate
and ord	lerly manner at all times.
1.	
2.	I WILL cheer for my child and the entire team in a positive and supportive manner, even if my child is not
	playing.
3.	I WILL place the emotional and physical well-being of each player ahead of any personal desire to win
4.	I WILL encourage players to respect the decisions of the coach and relevant staff.
5.	I WILL not question roster decisions or play calls to other parents or to my child.
6.	I UNDERSTAND that play time is not guaranteed, and will respect the decision of the coach.
7.	I WILL NOT treat any coach or relevant staff member in a hostile manner or with aggressive, disrespectful,
	profane, or intimidating language, gestures, or posture
8.	I WILL wait a minimum of 24 hours after a game if I have complaints about the coach's decisions.
9.	I WILL NOT cheer against opponents, call out opposing players, or make statements that encourage harm
	to any player
	I WILL demonstrate appropriate gestures of sportsmanship at the conclusion of EVERY game, win or lose.
	I WILL NOT yell at opposing coaches, staff, players, or fans from the sidelines.
12.	I WILL NOT treat opposing coaches, staff, players, or fans in a hostile manner or with aggressive,
	disrespectful, profane, or intimidating language, gestures, or posture.
	I WILL respect the rules of the game, and abide by the decisions of officials.
	I WILL refrain from conversing with officials in a negative or distracting manner or question their decisions
	I WILL NOT address officials in a loud, disrespectful, or abusive manner.
16.	I WILL not use, allow, possess or be in the company of any illegal drugs and/or alcohol, or use
	and/or possess and cigarettes, electronic cigarettes and /or Juuls of any kind while acting as a
	representative of the Dunn PAL Basketball Program.
17.	. I WILL follow all of the rules and regulations found in the Dunn PAL Basketball manual and
	Code of Conduct form
Lunder	stand and agree to the provisions of the Dunn PAL Code of Conduct and further understand that violating
any pa	rt of this document will result in the dismissal of Dunn PAL Basketball Program and it's events and activities

Date

10.3. Coaches

Signature

Dunn Police Athletic and Activities League Inc. Code of Conduct for Coaches of Dunn PAL Basketball

I,	the undersigned, acknowledge that I have read and fully
unders	tand the duties and responsibilities set forth in this Code of Conduct, and agree to abide by the Code of
Conduc	ct at all times during Dunn PAL events and activities. I will conduct myself "As a Leader" in an appropriate
	lerly manner at all times.
1.	I WILL encourage all players to the limit of their ability.
2.	I WILL coach, cheer, and direct the entire team in a positive and supportive manner.
3.	I WILL place the emotional and physical well-being of each player ahead of any personal desire to win
4.	I WILL encourage players to respect all coaches and staff.
5.	I WILL be an example of an upstanding person for my team and staff, as I am a direct representation of the Dunn PAL Basketball Program
6.	I WILL NOT treat any of my coaches, relevant staff members, or players in a hostile manner or with aggressive, disrespectful, profane, or intimidating language, gestures, or posture
7.	I WILL NOT cheer against opponents, call out opposing players, or make statements that encourage harm to any player
8.	I WILL demonstrate appropriate gestures of sportsmanship at EVERY game, win or lose.
9.	I WILL NOT yell at opposing coaches, staff, players, or fans.
10.	I WILL NOT treat opposing coaches, staff, players, or fans in a hostile manner or with aggressive,
	disrespectful, profane, or intimidating language, gestures, or posture.
11.	I WILL respect the rules of the game, and abide by the decisions of officials.
12.	I WILL refrain from conversing with officials in a negative or distracting manner or question their decisions
13.	I WILL NOT address officials in a loud, disrespectful, or abusive manner.
14.	I WILL not use, allow, possess or be in the company of any illegal drugs and/or alcohol, or use
	and/or possess and cigarettes, electronic cigarettes and /or Juuls of any kind while acting as a representative of the Dunn PAL Basketball Program.
15	. I WILL follow all of the rules and regulations found in the Dunn PAL Volunteer Manual, Dunn
13	PAL Basketball Manual and Code of Conduct form
I under	stand and agree to the provisions of the Dunn PAL Code of Conduct and further understand that violating
any pai	t of this document will result in the dismissal of Dunn PAL Basketball Program and it's events and activities.

Date